The Institute for Learning in Retirement

Fall Bulletin 2022





Oak Hammock _____at the University of Florida®_____

ROAD SCHOLAR

The Institute for Learning in Retirement is dedicated to the enjoyment and continued learning of its members. The courses in this Bulletin are the work of volunteer members who organize and facilitate the courses, discussion groups, special events, and field trips, as well as social activities involving the ILR. The presenters are also volunteers, coming from the University of Florida, Santa Fe College, and the Gainesville community.

Greetings all,

The summer session was a smashing success with most of our professors presenting in-person. Many of our participants filled the Oak Room while others joined by Zoom. We had a plethora of fascinating courses and want to thank our facilitators and presenters for a job well done.

We were so in hopes of being able to kick off our fall session by welcoming everyone to join us at our Wine and Cheese Preview. Unfortunately, COVID continues to be "the gift that keeps on giving," so we will delay once again our gathering until 2023.

We will continue in the fall with the hybrid class format. For those of you who are comfortable attending in-person in the Oak Room, we ask that you wear your masks and continue social distancing when possible. Most of our presenters will be lecturing inperson and they always enjoy presenting to a live audience.

We really hope you will stick with us during these up and down times. The fall semester lineup is loaded with a good variety of interesting courses. Please take full advantage of that. Let's have another enjoyable and productive semester together. See you in class!

Sara Lynn Gibbs Chair, ILR Board of Directors



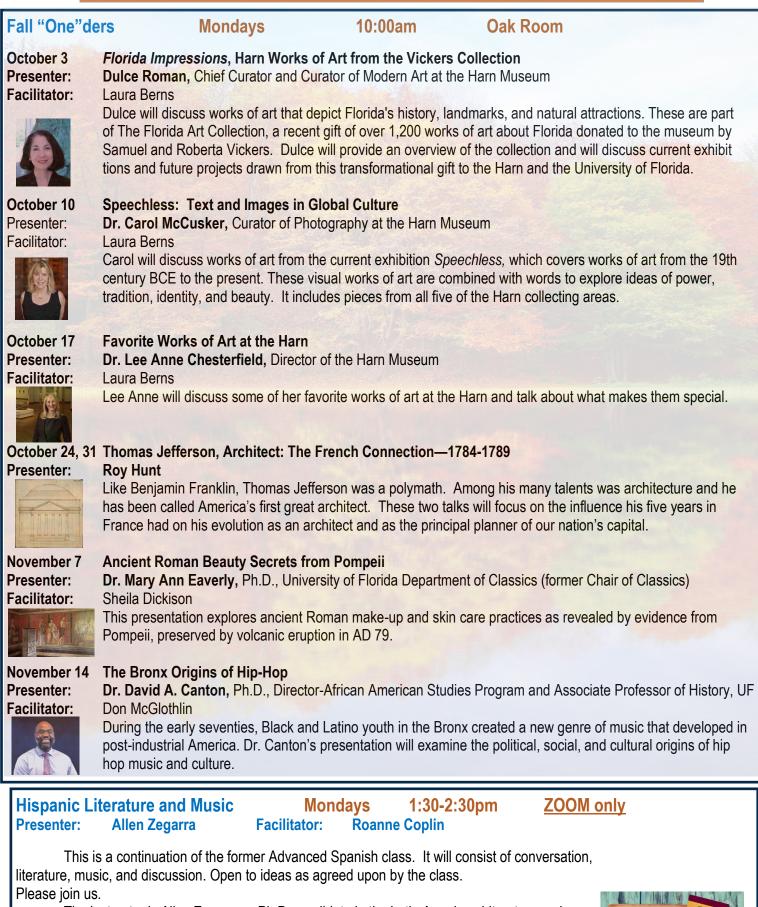
IN THIS ISSUE:

Fall "One"dersHispanic Literature and MusicGut Microbiome Effects on HealthThe Science of PaleontologyIntermediate GermanAdvanced GermanAfrican Culture and the DiasporaEuropean Crises: Where Are They Now?Life in the ExtremeRound Table in the Algonquin GenreWalter Kalaf Jazz Series: Jazz History 2.0OH Chamber PlayersThe Ellen Efros Supreme Court But More
SeriesFriday Afternoons at the Opera

Classes begin the week of October 3

Visit our <u>website at www.oakhammock.org/ilr</u>or our Facebook **page <u>https://www.facebook.com/ILR352</u>**

Call Julie Ann at 352-548-1009 or email jariet@oakhammock.org for more information.



The instructor is Allen Zegarra, a Ph.D. candidate in the Latin American Literature and Culture track at the University of Florida.

All are welcome! Todos son bienvenidos.



The human microbiome is the aggregate of all microbiotas that live on or in human tissues including the skin, mouth, nose, lung, and gastrointestinal tract. Types of human microbiota are bacteria, fungi, viruses, and bacteriophages. The number of microorganisms is estimated to be as much as three times the number of cells in the human body. Furthermore, the number

of genes in bacteria inhabiting the human body is 100 times higher than the total number of genes in humans.

Gut Microbiome Effects on Health Pushpa Kalra Facilitator:

Mondays 1:30pm

Oak Room

Recent of humans. The the human host	research has uncovered the profound and widespread effects of the microbiota on the physiology and pathology microbes may co-exist without causing harm, or they may produce metabolites that are pathogenic and harm . Others may even be beneficial to the human host. ries of six lectures will explore the interactions (beneficial and harmful) of the microbiome with the human body.
October 3 Presenter:	Gut Bacteria, Inflammation and Parkinson's Malu Gomez-Tansey, Ph.D. Norman and Susan Fixel Chair in Parkinson's Disease, Professor, Departments of Neuroscience and Neurology, UF
October 10 Presenter:	Why Do We Continue to Eat Foods That We Know Are Bad For Us? Guillame de Lartigues Ph.D. Associate Professor in Neuroscience and Associates Member Monell Chemical Senses, University of Pennsylvania Our innate motivation to consume obesogenic food will be discussed as a potential mechanism to explain the rise in obesity. We have identified separate gut-brain circuits for fat and sugar reward. These data suggest a novel mechanism for why it is so hard to stick to a diet.
October 17 Presenter:	Harnessing Gut Bacteria for the Development of Preventive and Therapeutic Medicine Bikash Sahay M.V.Sc, Ph.D. Clinical Associate Professor, Infectious Diseases and Pathology, College Veterinary Medicine, UF Mammalian gastrointestinal tract is filled with trillions of bacteria in harmony with the host. Instead of causing inflammation by their presence, they modulate the immune system. Here we are presenting data for a protein of a gut-associated bacterium that could be used as preventive and therapeutic medicine for various inflammatory diseases.
October 24 Presenter:	Intestinal Microbiota: The Barometer of Health and Diseases? Jobin Christian, M.D. Gatorade Trust Professor of Medicine, Program Co-Leader Cancer Therapeutics and Host Response, UF Growing literature points to an important role of intestinal microbiota in the development and management of cancer. In this lecture, the two faces of intestinal microbiota in carcinogenesis will be discussed using examples from colorectal cancer and non-small cell lung cancer.
October 31 Presenter:	Intestinal Role of Gut Bacteria in COVID-19 Bruce Stevens, Ph. D. Professor Emeritus Department of Physiology and Functional Genetics, COM UF Gastrointestinal problems occur in many COVID-19 patients. Study of the gut receptors for the virus helps understand the role of gut microbiome in COVID-19.
November 7 Presenter:	 Shaping of the Infant Gut Microbiome by Human Genetics Can Set the Stage for Future Autoimmune Disease or Neurocognitive Conditions Eric Triplett M.D. Professor and Chair of Microbiology and Cell Science Department, UF Correlations have been seen between the infant gut microbiome and autoimmune diseases or neurocognitive disorders up to 20 years later. These gut microbiome changes appear to be largely governed by genetics.

The Science	of Paleontology: Discovering the Evolution of Life on Earth		
Tuesdays	10:00am Oak Room		
Facilitator:	Phyllis Saarinen		
October 4 Presenter:	What's in a Word? An Amateur Introduction to the Science of Paleontology Phyllis Saarinen, M.S. Including Very Brief Introduction to Geological Time, Plate Tectonics, Archaea, Bacteria and Early Multicellular Life		
October 11	Plants on the Move Through Geological Time: Fossil Nuts and Seeds and What They Tell Us		
Presenter:	Dr. Steve Manchester, Curator of Paleobotany, Florida Museum of Natural History		
Oct 18 Presenter:	Tales Told by Dead Shells: Palaeobiological Approaches to Historical Ecology and Conservation Dr. Michal Kowalewski, Jon L. and Beverly A. Thompson Chair of Invertebrate Paleontology, Florida Museum of Natural History		
Oct. 25	It Was a Brave New World: Like a Fish Out of Water		
Presenter:	Dr. Larry Page, Curator of Fishes and Past Director, iDigBio, Florida Museum of Natural History		
Nov. 1	The Mesozoic World: Landscapes, Ecosystems and Great Change During the Age of Dinosaurs		
Presenter:	Dr. Anita Marshall, Lecturer in Geosciences and Geoscience Education, University of Florida		
Nov. 8	The Age of Mammals: Mesozoic Extinction, Global Warming and the Origin of Primates		
Presenter:	Dr. Jonathan Bloch, Curator of Vertebrate Paleontology and Chair, Dept. of Natural History, FMNH		
Nov. 15	Big or Small, Hairy or Scaly: The 35 Million Year History of Vertebrate Mammals in Florida		
Presenter:	Dr. Richard C. Hulbert, Jr., Vertebrate Paleontology Collections Manager, Florida Museum of Natural History		



German Instructor: Barbara Johnston Tuesdays

CR-A

Intermediate German:

Tuesdays 11:00-12:00pm

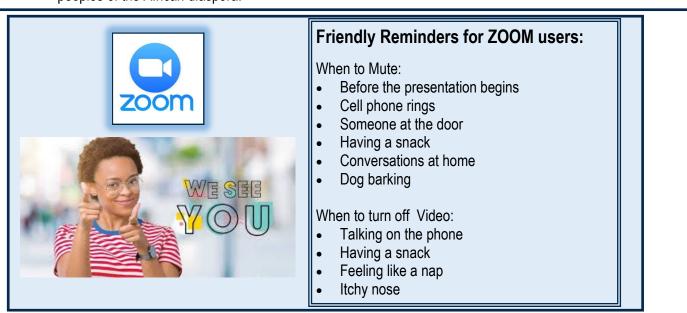
Students already have a basic foundation of vocabulary and grammar. The emphasis is on building vocabulary and studying basic grammar concepts through reading.

Advanced German:

Tuesdays 1:30-2:30pm

Students should have a competent knowledge of German. The emphasis is on reading to improve vocabulary and conversation.

African Cultu Facilitator:	ure and the Diaspora Richard MacMaster	Tuesdays	1:30pm	Oak Room
October 4 Presenter:		t Communities Today	, -	rida from Africans With Ponce de
October 11 Presenter:	African Writers in Motion: Migration and Belonging in Different Spaces Cristovao Nwachukwu, Ph.D. candidate, Department of English, University of Florida Dr. Nwachukwu will discuss 21st century Anglophone African novels that portray Black characters migrating to the U.S. and Europe and the issues they face.			
October 18 Presenter:	Following the Sound: Cultural Heritage in Isodore Okpewlo's Call Me by My Rightful Name Musonmola Adeojo, Ph.D candidate, Department of English, University of Florida Dr. Adeojo shares the story of Otis Hampton, an African American man who finds his way to his ancestral line- age in Ikiti Nigeria. His talk will touch on the spiritual and cultural connections between Africa and the African diaspora.			
October 25 Presenter:	Wole Soyinka Kole Ade-Odutola, Yoruba Lecturer, Department of Languages, Literature Wole Soyinka was the first African awarded the Nobel Prize for Literature. The speaker is himself a published poet. He will discuss the writings, plays, novels, and poetry produced in a life punctuated by prison terms for resisting military coups and teaching at British and American universities.			
November 1 Presenter:	Creative Practice in African and A Sarah Politz , Assistant Professor, S This session will focus on creative p popular music and new African dias a book project about sound, spiritua Republic of Benin, West Africa, whe	School of Music, Univer practice in African and A sporas in Europe and N ality, and migration in th	Afro-diasporic m orth America. Th e lives of brass l	ne presenter is currently working on band and jazz musicians from
November 8 Presenter:	Revisiting the Kongo Exhibition Susan Cooksey , Emeritus Curator Dr. Cooksey will revisit the Kongo a and contemporary connections of the peoples of the African diaspora.	cross the Waters exhib	ition at the Harn	Museum of Art, discussing historical of West Central Africa, with the





The University of Florida Center for European Studies Fall Series European Crises: Where Are They Now?

Wednesdays10:00amOak RoomFacilitators:Ron Bern, Carla Ruffer

In this series, the Center for European Studies will present on European crises and how they are affecting Europe today.

October 5 Presenter:	European Crises Overview Asli Baysal, UF Center for European Studies Dr. Baysal will discuss the large and small crises that have hit Europe in the last two decades. This session will give an overview of the subjects covered in the rest of the series.
October 12 Presenter:	COVID-19 / The Unity of Science: Preserving Europe's Common Good in Times of Crisis Sara Agnelli , UF Center for Humanities in the Public Sphere At a moment when the identity of the European Union seems to be challenged at its very heart, it is important to reconsider its history and institutions from different perspectives. An understanding of Europe's scientific output as a key to tell its story could highlight aspects that have not been considered yet and address today's issues in a more effective way.
October 19 Presenter:	War in Ukraine: How Did We Get Here and How Might it End? Zachary Selden, UF Political Science In this talk, Dr. Selden will explore the issues that led to the Russian invasion of Ukraine as well as the broader implications for European security. It will also consider how the conflict might end and what forms of international pressure would be most effective against Russia.
October 26 Presenter:	What it Took: 10 Years On from the Euro Crisis Corinne Tomasi, UF Center for European Studies In 2012, European Central Bank (ECB) President, Mario Draghi, indicated the ECB would do 'whatever it takes' to save the euro and the eurozone. Widely considered the turnaround point for the sovereign debt crisis, this talk will look at the steps taken following Draghi's famous remarks and examine new ECB crisis management tools and continuing areas of weakness in the eurozone.
November 2 Presenter:	Global Britain or Little England - An Assessment of Brexit 3 Years On Amie Kreppel, UF Center for European Studies This presentation will review expectations and the outcomes of Brexit after nearly three years and in the context of the Covid pandemic and economic crisis.
November 9 Presenter:	The State of European Populism Today Michael Webb, UF Political Science graduate

The European populist movement gained power and strength for years, but government responses to COVID-19 lessoned their impact. Are they bouncing back post-pandemic?

	11			_	
Life in the E Facilitator:	xtreme Paula Crowley	Wednesdays	1:30 pm	Oak Room	
vents, the extre will explore sor thrive in seemi	eme cold of the polar ice caps me of the ways that life-forms	, the high salinity of certair have "learned" to adapt to . We will also gain some in	bodies of water, or in their environments ar sight into "extreme ag	nt, be it the deep-ocean thermal n micro-gravity. In this course we nd what tools can be employed to gers" and how this portion of the g age demographic.	
October 5 Presenter:	Effect of Microgravity on Animal-Microbe Symbiosis Jamie Foster, Ph.D., Professor, Department of Microbiology and Cell Science, IFAS, UF This talk will examine the effects that spaceflight has on the beneficial interactions between animals and microbes and the types of experiments that will be needed for astronauts to work and live in the space environ- ment.				
October 12 Presenter:	de Leon's Legacy: The Continued Search for the Fountain of Youth Joshua Crow, Ph.D., Postdoctoral Fellow, Pain Research & Intervention Center of Excellence (PRICE), UF "SuperAgers" account for a small percentage of our population but may provide insight into controllable factors that promote longevity. We will disentangle biological, behavioral, and technological influences on SuperAging, and discuss current research that attempts to further our understanding of graceful aging.				
October 19 Presenter:	Getting Inside a Frog's Head: The Strange Skulls of the World's Extreme Frogs David Blackburn, Ph.D., Associate Chair of the Florida Museum of Natural History's Department of Natural History and curator of amphibians and reptiles, UF Looking at frogs, you might never know that many species have wildly different internal anatomy. Using high- resolution x-ray imaging, Dr. Blackburn will share what he's discovered about the inner-workings of frog heads built for a range of ecological specializations.				
October 26 Presenter:		ir, Department of Anthropo mes faster than the rest of nic, nutritional, and cultura	logy, UF the planet, yet huntin I reasons. In this talk,	ng for wild, "country" food remains Dr. Collings explores how Inuit a rapidly warming climate.	
November 2 Presenter:	the Carbon' with the Curiosi	tant Professor of Geology taken us from 'Follow the ty rover. This lecture will e	UF Water' with the Spirit plore the foundationation	Discoveries on Mars and Opportunity rovers, to 'Follow al discoveries and ongoing explora- earch for ancient life on Mars.	
November 9 Presenter:	ocean surface down to its de	ciate Professor of Biology, inhabit a wide range of enve epths. This talk will cover and current work that focu	Whitney Laboratory for vironments from the tre the physiological properties of the physiological physiological properties of the physiological physiologic	-	

Round Table Discussion in the Algonquin GenreThursdaysModerators:Rick Gold, Dick Suttor





10:00am

In-person/ZOOM

The Algonquin Round Table was a group of New York City writers, critics, actors, and wits. Gathering initially as part of a practical joke, members of "The Vicious Circle," as they dubbed themselves, met for lunch each day at the Algonquin Hotel from 1919 until roughly 1929. At these luncheons, they engaged in wisecracks, wordplay, and witticisms that, through the newspaper columns of Round Table members, were disseminated across the country.

ILR's Hybrid (In-person or ZOOM, your choice) Round Table is a forum for discussion of topics of mutual interest, particularly of current events. Participants bring their interests, opinions and expertise to the table and engage in spirited, though respectful, debate. Topics are determined jointly by participants, who must be registered to participate in this class.



Oak Hammock Chamber PlayersFacilitator:Michael PlautDirector:Gary Langford

Thursdays

1:00pm

Acorn Room

The Oak Hammock Chamber Players are a group of instrumental musicians who enjoy playing music with others. We welcome people who play or who have once played orchestral instruments. There are no auditions, and some of our members had not played in over 50 years before joining the group. If you do not have an instrument, we can recommend local places where you might rent an instrument. You will also need to have your own music stand.

Most of our selections are from the classical repertoire but we also play traditional pieces, show tunes and seasonal music. Not only do we learn about our music, but also about musical technique and both the discipline and fun of making music as a group.

We are very fortunate in having retired UF music professor, band director and jazz music expert Gary Langford as our music director. The Oak Hammock Chamber Players are members of the New Horizons International Music Association, which is a support network for adult musicians. For more information, go to: <u>www.newhorizonsmusic.org</u>.

If you register for this course, please contact Mike Plaut at 352-371-1301 or <u>smplaut@gmail.com</u> to discuss your musical experience.

The Ellen Efros Su Thursdays Facilitator:	preme Court But More Series 1:30pm Oak Room Rick Gold
September 29 Presenter:	Gun Rights and the Second Amendment Merritt McAlister, Associate Professor of Law, University of Florida Levin College of Law The Supreme Court issued a broadened standard for the right to carry a gun, stating that any fire arms regulation must be "part of the historical tradition that delimits the outer bounds of the right to keep and bear arms." This decision will have a major impact on gun-control efforts throughout the country.
October 6 Presenter:	Religious Freedom and School Prayer Ken Wald , Distinguished Professor Emeritus, University of Florida, Department of Political Science Professor Wald will present on recent Supreme Court cases involving religious freedom and school prayer, including the case of <i>Kennedy v. Bremerton School District</i> , which followed the firing of a high school coach for kneeling on the football field after games and offering a silent prayer. The Supreme Court sided with the coach, claiming that his conduct was protected under the First Amendment. The case has significance, since it represents the Court sanctioning further inclusion of religion in the public- school space.
October 13 (3:00 PM) Presenter:	The Equal Rights Amendment (recent developments) Danaya Wright, T. Terrell Sessums and Gerald Sohn Professor of Constitutional Law and Professor of Law, University of Florida Levin College of Law Professor Wright will present on recent developments concerning the Equal Rights Amendment. Since 1972, this proposed Amendment to the Constitution, which guarantees equal rights based on sex, has had a politically explosive and troubled existence, with groups for and against, and litigation over deadlines, extensions of deadlines, state ratifications and recission of state ratifications still boiling at a feverish pace in 2022.
October 27 (3:00 PM) Presenter:	Academic Freedom and the First Amendment (recent developments) Danaya Wright, T. Terrell Sessums and Gerald Sohn Professor of Constitutional Law and Professor of Law, University of Florida Levin College of Law Professor Wright will present on recent developments in the area of academic freedom and the First Amendment. This is an area of continuing concern to educators, students, and the general public. It is also an area fraught with legal confusion, for it can be extremely difficult to determine where a teacher's rights of academic freedom and free speech (rights that are related but not identical) begin and end.
November 3 Presenter:	Notable Cases From the Recent Supreme Court Term Jon Mills, Dean Emeritus, Professor of Law and Director, Center for Governmental Responsibility, University of Florida Levin College of Law Dean Mills will present on notable cases from the recent Supreme Court term, including <i>Dobbs v.</i> <i>Jackson Women's Health Organization</i> , the case that led to overturning <i>Roe v. Wade</i> .
December 8 Presenter:	Abortion Rights Merritt McAlister, Associate Professor of Law, University of Florida Levin College of Law Professor McAlister will present on where abortion rights stand post <i>Dobbs</i> and <i>Roe v. Wade</i> . The legal drama is just beginning and will likely play out for years to come in courts across the land as well as in Congress. Decisions will have impacts not only for abortion, but for women's health. The <i>Dobbs</i> decision will have consequences, both intended and unintended.
longed illness. Ellen	en Efros devoted considerable time and energy in planning this course before she passed away after a pro- worked tirelessly for ILR as the Humanities Chair on the Curriculum Committee and as a course facilitator. re legion, and she is sadly missed.

This course is being offered in her honor and in her memory. \circledast

Friday Afternoons at the Opera: Opera buffa, comic opera Fridays1:00pmOak RoomWhat better way to kick off a new season of opera than by presenting comic opera? Join us this term as we discuss and show four popular opera buffas. We will start off with Giuseppe Verdi's only comic opera, Falstaff. Next will be Die Fledermaus by Johann Strauss followed by Puccini's Gianni Schicchi and "Three Divas" from the Met. The final presentation will be Gaetano Donizetti's L'Elisir d'amore, the Elixir of love.				
October 7,14 Facilitator:	Falstaff Forrest Crawford Verdi's last, and only comic opera. Intermittently during the latter years of his career, Verdi thought about com- posing a comic opera, but it wasn't until his frequent librettist, Arrigo Boito suggested a work based on Shake- speare's <i>The Merry Wives of Windsor</i> that appealed to him. The project was a long time in preparation due to interruptions resulting from a bout of depression and the deaths of several close friends. The opera premiered at Teatro La Scala on 9 February 1893 and was immediately hailed as a great success.			
October 21,28 Facilitator:	Die Fledermaus Bud Shorstein It's Vienna in 1899, so let's have a masked ball and have the waltz king, Johan Strauss compose the music. Beginning with the wonderful overture in Waltz time, this comedy has wonderful arias and ensembles. Mistaken identities, a husband deceiving his wife while the wife is deceiving the husband. The wife's former suitor goes to jail for the husband because he is caught with the wife while the husband is enroute to the masked ball and the jailer shows up to escort the husband to jail. At the masked ball, the husband is fooled by the family' chamber maid. And this is just the beginning of the deceptions. The third act takes place at the jail. Though most of the characters are drunk, the deceptions are disclosed and everyone is forgiven. The cast in this 1986 production has Dame Kiri Te Kanawa, Judith Blegen and Tatiana Troyanos, who appears in a trouser role, all in their prime.			
November 4 Facilitator:	Gianni Schicchi David Hickey Italian comedy at its best, full of detailed, deliciously satiric characterizations and delightful music, Puccini's "Gianni Schicchi" was a part of a short opera trilogy called "II Trittico", first presented 1918 at the New York Met, the last fully completed work performed in the composer's lifetime. This Glyndebourne production from 2004 stars the inimitable Alessandro Corbelli in his finest comic opera style, plus a deadpan Felicity Palmer as Zita, one of the greedy family members gathered in Schicchi's home around his body in the bed. Hear the of- ten-sung, beautiful aria "O Mio Babbino Caro" in its proper context and enjoy all the rollicking fun.			
November 11 Facilitator:	Three Divas (Perez, Sierra and Leonard), the last of the Met Stars Live in Concert series, 2021 David Hickey The "Three Divas" concert, one of the Met Stars pandemic-origin streaming presentations, features sopranos Allyn Perez and Nadine Sierra, and mezzo-soprano Isabel Leonard, performing widely varied arias, duets and trios at the beautiful 2009-renovated 250-year-old <i>Opera Royal du Chateau de Versailles</i> in France. Critics raved at the outstanding performances, framed by infectious good humor and mutually appreciative collabora- tions. If you liked the Three Tenors, you will love this concert, especially when they finished their main pro- gram, they provided a perfectly blended finale of high-spirited Mexican songs, accompanied by not only the concert's very gifted Romanian pianist, but also by a virtuosic Spanish guitar player.			
Nov. 18, Dec.2 Facilitator:	L'Elisir d'amore Diane Haines L'Elisir d'amore is the perfect operatic romantic comedy. The magic of L'Elisir d'amore (The Love Potion) is the blend of human warmth and drama with its glittering musical numbers. This 1981 Met production features a younger Luciano Pavarotti at the mid-point of his amazing career. His performance of "Una furtiva lagrima", when it is apparent that the love potion he bought to win the heart of his desire is working, genuinely moves his audience. The role of Nemorino was a favorite of Pavarotti and he sang it numerous times at the Met and elsewhere, showcasing his sunny disposition and the melting beauty of his voice.			



Special ILR Presentations (no charge)

Be sure to check your email often for ILR News Flash announcements with dates and times for some special one-shot presentations!

- Nov. 1—7pm Dr. Stephen Mulkey—Imagining Climate Change
- Dec. 1—10am Bonnie Lykes—Thomas Center



Registration!

2 Ways to Register and Pay for classes: Online or by Mail



1. Online REGISTRATION and PAYMENT:

After reviewing the bulletin, click on the <u>Registration Link</u> below, select your class choices and scroll down to pay online, then <u>press SUBMIT</u>!

You will see a screen that says your registration is complete.

Don't click on the JotForm buttons.

You will also receive an email confirmation back from JotForm that you have successfully registered and <u>no further action is required.</u>

Online payment and registration link: https://form.jotform.com/222304253254142





2. Register and Pay by Mail:

Print the registration form by clicking on the email attachment. Complete the information and mail with payment to:

ILR at Oak Hammock 5100 SW 25th Blvd.

Attention: Julie Ann Ariet





Enjoy the fall offerings See you soon—in-person or on ZOOM! Please call Julie Ann at 352-548-1009 if you have any questions



ILR Fall 2022 Mail-in Registration

 Name: (last) <u>E-mail Address: REQUIRED</u>	(first)	(Are	a Code) Phone _ <mark>Please print legibly!</mark>			
 Name: (last) <u>E-mail Address: REQUIRED</u>	(first)	(Are	a Code) Phone _ Please print legibly!			
 Street Address <u>(Only if new)</u>	(City)	(State)	(Zip code)			
Fall Class Fee Schedule: 3 or more courses: \$30.00 per person, 2 courses: \$20.00 per person, 1 course only: \$10.00 per person (If not already paid) 2022 Annual ILR Membership Dues: \$20.00 Please check all classes in which you'd like to be registered: Fall "One"ders European Crises: Where Are They Now? Hispanic Literature and Music Life in the Extreme						
The Science of Paleontology Intermediate German Advanced German	Gut Microbiome Effects on Health Round Table in the Algonquin Genre The Science of Paleontology Walter Kalaf Jazz Series: Jazz History 2.0 Intermediate German OH Chamber Players					
TOTAL ENCLOSED: \$ PAYMENT INFORMATION: □ Check □ Cash Make checks payable to: ILR at Oak Hammock And mail to: ILR at Oak Hammock ILR at Oak Hammock 5100 SW 25 Blvd. Gainesville, FL 32608 Image: State of the stat						

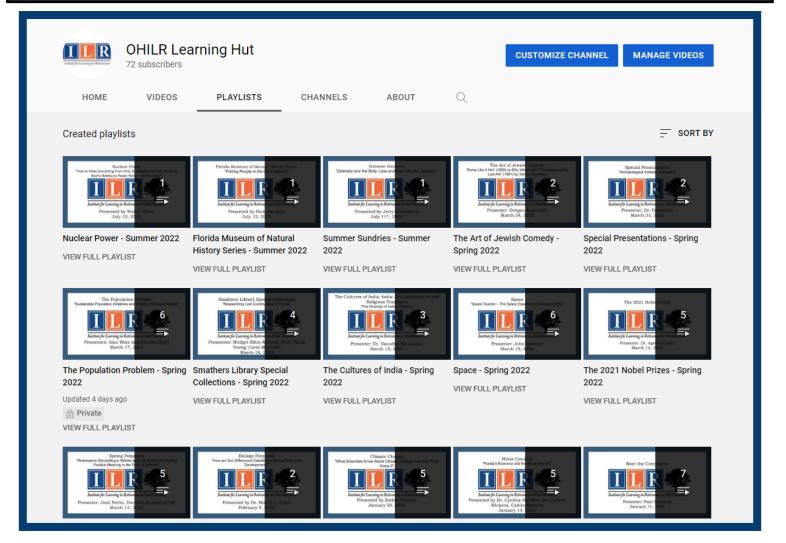


🕨 YouTube

During this age of ZOOM classes and remote learning opportunities, ILR has created a <u>YouTube</u> <u>channel</u> where previously recorded class sessions may be viewed in case you miss a class or want to take another look. The recordings are being up-loaded to YouTube within a few days of the presentations and will remain on YouTube through the following semester.

STEP-BY-STEP INSTRUCTIONS

- 1. Type in <u>www.oakhammock.org/ilr</u> to reach the ILR Home Page.
- 2. Click on the "Links" tab and then on the "ILR YOUTUBE PAGE" link in the drop-down menu.
- 3. Then click on the link displayed and you will be taken directly to the ILR You Tube Home Page.
- 4. On the Home Page, click on the tab "Playlists." This will show you all the courses for which we have recorded lectures.
- 5. Find the course you are interested in, and then click on "View Full Playlist" at the bottom of the course panel. This will display all the recorded lectures for that course. Click on the lecture you wish to see... and off you go.
- 6. To return to "View Full Playlist," menu, click on the black arrow pointing left, in the upper margin. You can now repeat the process to view other lectures for that or other courses.





2022 ILR Board of Directors

Chair Vice Chair Treasurer Secretary Curriculum Committee Budget/Finance Membership Aging Research Chair Santa Fe College Research Communications Outreach *Ex Officio*

Sara Lynn Gibbs Don McGlothlin Carole George Barb Francis Rick Gold Bill Rossi Ken Berns Meredeth Rowe Walter Wynn Doug Merrey Pushpa Kalra Julie Ann Ariet

2022 ILR Curriculum Committee

Chair Science Committee Chair Humanities Committee Chair Rick Gold Ken Berns Ron Bern

Committee Members:

John Axe, Ron Bern, Laura Berns, Jane Brockmann, Paula Crowley, Deborah Dean, Sheila Dickison, Rick Gold, Diane Haines, Roy Hunt, Pushpa Kalra, Richard MacMaster, Phyllis Saarinen, Ellen Siegel, Roy Weiner and Walter Wynn. Julie Ann Ariet, *Ex Officio*

> Have an interest in the sciences or humanities? Got some interesting course or session ideas? Join the Curriculum Committee today! Contact: Rick Gold – <u>goldrickus@gmail.com</u>